



Youth Co-Lead - Mental Health Literacy Initiative

Mental Health Literacy at the University of Alberta is currently preparing an application to the Canadian Institutes of Health Research (CIHR) to develop an AI-enabled mental health literacy platform for youth.

A central part of this work is partnering with a youth co-lead with lived or living experience of mental health challenges, who will help shape this three year project from beginning through to completion. We are seeking a young person (aged 12 - 18) who is interested in contributing to a youth-engaged research initiative focused on improving mental health literacy and well-being among Canadian youth.

Role of the Youth Co-Lead

The youth co-lead will be supported by the research team and will:

- Share their perspectives and lived experience to help guide the project priorities
- Contribute to early planning, idea development, and decision-making
- Provide input on how to make the platform meaningful and relevant for youth
- Support youth engagement and outreach activities

Opportunity for the Youth Co-Lead:

Depending on the success of the CIHR grant funding, the Youth Co-Lead will:

- Contribute to a national research initiative
- Build skills in leadership, collaboration, and innovation
- Gain experience working with a university-based research team
- Receive mentorship and training throughout the project
- Financial compensation

This initiative is designed to support youth capacity in areas aligned with Canada's Youth Policy, including health and wellness, leadership and impact, and innovation and collaboration.

This project encourages the participation of knowledge users such as schools. If you know of a student who may be a suitable candidate and who would be interested in this youth co-lead role, we would greatly appreciate your recommendation. We are also happy to schedule a meeting to discuss this opportunity further.

For further information or to schedule a meeting, please contact: mentalhealthliteracy@ualberta.ca